

# PROSPECTUS





## CONTACT

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# ABOUT US

## WELCOME,

First, I would like to thank you for enquiring about training with Reflection Beauty And Aesthetics Academy. We are a well-established training provider opening to our first students in 2017. Lisa has over 10 years of experience in the beauty industry and over 5 years in Aesthetics Medicine. Currently, the only person in the Hertfordshire area Trained to the Level 7 (Qualifi Regulated) In Aesthetic Practice. But also the only person in the area qualified in Nano Fat Transfer.

We are an award-winning Aesthetics Clinic, Voted as the Best of 2022. So in terms of the best, you will be training with THE BEST!

We are an accredited center, with accreditation from Ofqual Focus Awards, CPD, ABT, and very soon Qualifi, offering regulated qualifications. We are also an Insync-approved center, our Fast-Track is an Insync-approved course. We are registered with the Department of Education and hold a UKRLP as well as the ICO.

We strive for safe, ethical practices, and industry regulation. All Tutors hold a regulated City and Guilds Teaching qualification, CAVA and Lisa the owner is also the lead IQA.

Susan, our Level 2 and 3 Beauty Therapy tutor has over 30 years of industry experience. Working for various colleges in the area has an abundance of experience to pass on to all the new students. She has also been a qualified teacher and assessor for over 10 years.

Caroline, our Level 2 and 3 Hairdressing tutor has over 30 years of hairdressing experience. Owning her own successful salon for over 20 years. Also has over 10 years of experience as a teacher and assessor.

Please contact the center directly if you have any questions.

Many Thanks

Lisa Huggins



# Foundation Dermal Fillers

**COST: £799**

**AWARDING BODY:**



**CPD POINTS: 32**

**LOCATION: LETCHWORTH**

## **COURSE COVERS:**

- Health and Safety inc use of correct PPE
- Complications and emergencies
- Anaphylaxis
- Use of Hyaluronidase
- Local and National Legislation
- Anatomy and Physiology of the face
- Types of Dermal Fillers
- Safe Injecting/needle stick injury
- Lips
- Nasolabial Folds
- Marionette Lines
- After Care
- Consultation and medical history forms
- Suppliers
- Insurance

This course is designed for complete beginners in the Aesthetics industry. Students must have a minimum Level 3 beauty, Level 3 SPMU, Level 3 A&P with 6 months of needling experience in order to take this course and gain insurance. The course is intensive and you will be provided with all models on your training day. Classes are 1-1 or 2-1. upon completion of the course, you will be required to produce case studies, which will be done in your own time and count towards your CPD points.



# Foundation Anti Wrinkle

**COST: £799**

**AWARDING BODY:**



**CPD POINTS: 25**

**LOCATION: LETCHWORTH**

## **COURSE COVERS:**

- Health and Safety inc use of correct PPE
- Complications and emergencies
- Anaphylaxis
- Use of Hyaluronidase
- Local and National Legislation
- Anatomy and Physiology of the face
- Licenced and Unlicensed Anti-wrinkle
- Safe handling of POM
- Pharmacy Registration
- Prescriber oversight
- Safe injecting/needle stick injury
- Injection of the glabella known as the Procerus and Corrugator
- Frontalis
- Crows Feet
- Consultation and medical history forms
- Insurance

This course is designed for complete beginners in the Aesthetics industry. Students must have a minimum Level 3 beauty, Level 3 SPMU, Level 3 A&P with 6 months of needling experience in order to take this course and gain insurance. The course is intensive and you will be provided with all models on your training day. Classes are 1-1 or 2-1. upon completion of the course, you will be required to produce case studies, which will be done in your own time and count towards your CPD points. We will cover the use of botox in its licenced and unlicensed use, as well as awareness of fake Antiwrinkle on the market today.





# Fast Tracks Course

**COST: £1495**

**AWARDING BODY:**



**CPD POINTS: 109**

**LOCATION: LETCHWORTH**

## COURSE COVERS:

- Health and Safety inc use of correct PPE
- Complications and emergencies
- Anaphylaxis
- Use of Hyaluronidase
- Local and National Legislation
- Level 3 Anatomy and Physiology
- B12 Injection
- Microneedling
- Chemical Peel
- Dermaplanning
- Foundation Dermal Fillers covering Lips, nasolabial, Marionette lines.
- Suppliers of dermal fillers
- Licenced and Unlicensed Anti-wrinkle
- Safe handling of POM
- Pharmacy Registration
- Prescriber oversight
- Safe injecting/needle stick injury
- Injection of the glabella, Crows Feet, and Forehead.
- Consultation and medical history forms
- Insurance

This is an official Insync-approved Fast Track, you do not need any prior experience to take this course. The course is intensive and you will be provided with all models on your training day. Classes are 1-1 or 2-1. Upon completion of the course, you will be required to produce case studies, which will be done in your own time and count towards your CPD points. The course is worked over 4 days of solid training and working on live models.



**COST: £1999**

**AWARDING BODY:**

**FOCUSAWARD'S**

**LOCATION: LETCHWORTH**



# Level 2 Beauty Therapy

## COURSE COVERS:

The Level 2 Diploma in Beauty Therapy is a substantial vocational qualification for learners seeking a career as a junior beauty therapist. This qualification is designed for learners aged 16 years or over and will support you to gain employment as a junior beauty therapist, as the units contained in this qualification cover all the skills and knowledge required for this role. Entry onto this qualification can be via previous attainment of a Level 1 qualification in beauty therapy and/or a successful skills test and interview.

This is a vocational qualification and includes all the required elements to work effectively as a junior therapist including, mandatory units covering the following: facial skincare, waxing, eyelash and eyebrow treatments, manicure, pedicure, client care, and health and safety.



**COST: £2999**

**AWARDING BODY:**

**FOCUSAWARDS**

**LOCATION: LETCHWORTH**



# Level 3 Beauty Therapy

## COURSE COVERS:

This qualification is based on the national occupational standards for beauty therapy and includes all the required elements to work effectively as a beauty therapist. Learners must achieve all mandatory units which include:

- Provide body massage
- Anatomy and physiology for the face and body systems
- Promote and sell products and services to clients
- Monitor and maintain health and safety practices in the salon
- Provide self-tanning
- Client care and communication in beauty-related industries
- Intimate waxing for female clients
- Maintaining personal health and wellbeing
- Explore technological developments within the hair, beauty, and associated areas

Throughout this qualification, learners will develop their knowledge and understanding of relevant anatomy and physiology and health and safety. They will also develop the knowledge, understanding, and skills to consult with clients, successfully promote and retail products, and provide a range of beauty treatments including Swedish massage, skin and body analysis, and science in order to make informed decisions for face and body. In parallel, learners will develop their communication and customer service skills, their awareness of environmental sustainability, and their commercial skills, all of which are valued highly by employers. Problem-solving and research skills will also be developed.



**COST: £4449**

**AWARDING BODY:**

**FOCUSAWARD'S**

**LOCATION: LETCHWORTH**



**Level 2/3 Beauty  
Therapy Combined**



**COURSE COVERS:**

This qualification is based on the national occupational standards for beauty therapy and includes all the required elements to work effectively as a beauty therapist. Learners must achieve all mandatory units which include:

- Provide Manicure and pedicure treatments effectiveness at work
- Develop and maintain effec
- Provide body massage
- Provide facial skin care treatment
- Enhance the appearance of eyebrows and eyelashes
- Carry out waxing/Intimate waxing services
- Apply makeup
- Provide self-tanning
- Salon Reception Duties
- Anatomy and physiology for the face and body systems
- Promote and sell products and services to clients
- Monitor and maintain health and safety practices in the salon
- Provide self-tanning
- Client care and communication in beauty-related industries
- Intimate waxing for female clients
- Maintaining personal health and wellbeing
- Explore technological developments within the hair, beauty, and associated areas

Throughout this qualification, learners will develop their knowledge and understanding of relevant anatomy and physiology and health and safety. They will also develop the knowledge, understanding, and skills to consult with clients, successfully promote and retail products, and provide a range of beauty treatments including Swedish massage, and skin and body analysis, in order to make informed decisions for face and body treatments. In parallel, learners will develop their communication and customer service skills, their awareness of environmental sustainability, and their commercial skills, all of which are valued highly by employers. Problem-solving and research skills will also be developed.





**COST: £799**

**AWARDING BODY:**



**CPD POINTS: 18**

**LOCATION: LETCHWORTH**



# Advanced Dermal Fillers

## COURSE COVERS:

- Health and Safety inc use of correct PPE
- Complications and emergencies
- Anaphylaxis
- Use of Hyaluronidase
- Local and National Legislation
- Anatomy and Physiology of the face
- Types of Dermal Fillers
- Safe Injecting/needle stick injury
- cheeks
- Jaws
- Chin
- Nose
- Tear Trough
- Use of needle and cannular
- After Care
- Consultation and medical history forms
- Suppliers
- Insurance

This course is for anyone who has completed their Foundation Dermal Fillers. The course is intensive and you will be provided with all models on your training day. Classes are 1-1 or 2-1. upon completion of the course, you will be required to produce case studies, which will be done in your own time and count towards your CPD points.



# Advanced Anti Wrinkle

**COST: £799**

**AWARDING BODY:**



**CPD POINTS: 16**

**LOCATION: LETCHWORTH**

## **COURSE COVERS:**

- Health and Safety inc use of correct PPE
- Complications and emergencies
- Anaphylaxis
- Use of Hyaluronidase
- Local and National Legislation
- Anatomy and Physiology of the face
- Licenced and Unlicensed Anti-wrinkle
- Safe handling of POM
- Pharmacy Registration
- Prescriber oversight
- Safe injecting/needle stick injury
- Lower face botulism toxin treatment
- Hyperhidrosis
- Bum Lift
- Consultation and medical history forms
- Insurance

This course is designed for complete beginners in the Aesthetics industry. Students must have a minimum Level 3 beauty, Level 3 SPMU, Level 3 A&P with 6 months of needling experience in order to take this course and gain insurance. The course is intensive and you will be provided with all models on your training day. Classes are 1-1 or 2-1. upon completion of the course, you will be required to produce case studies, which will be done in your own time and count towards your CPD points. We will cover the use of botox in its licenced and unlicensed use, as well as awareness of fake Antiwrinkle on the market today.



# Advanced Skin Boosters

**COST: £299**

**AWARDING BODY:**



**CPD POINTS: 12**

**LOCATION: LETCHWORTH**

## COURSE COVERS:

- Health and Safety inc use of correct PPE
- Complications and emergencies
- Anaphylaxis
- Use of Hyaluronidase
- Local and National Legislation
- Anatomy and Physiology of the face
- Licensed and Unlicensed Products
- Safe handling of medical devices
- Combination of Jalupro and Anti-wrinkle products
- Safe injecting/needle stick injury
- Face, Neck, and Hand administration
- Consultation and medical history forms
- Insurance

This course covers the use of all types of licensed skin boosters, including Prohilo and Jalupro. You will also cover how to use Jalupro with Botulism Toxin combining it with microneedling. Students must have a minimum Level 3 beauty, Level 3 SPMU, Level 3 A&P with 6 months of needling experience in order to take this course and gain insurance. The course is intensive and you will be provided with all models on your training day. Classes are 1-1 or 2-1. upon completion of the course, you will be required to produce case studies, which will be done in your own time and count towards your CPD points. We will cover the use of botox in its licensed and unlicensed use, as well as awareness of fake Antiwrinkle on the market today.





**COST: £299**

**AWARDING BODY:**



**CPD POINTS: 10**

**LOCATION: LETCHWORTH**

## **COURSE COVERS:**

- Health and Safety inc use of correct PPE
- Complications and emergencies
- Anaphylaxis
- Anatomy and Physiology of the body
- Correct use of different products
- Safe handling of sharps/ needle stick injury
- Neck and body administration
- Consultation and medical history forms
- Insurance

This course covers the use of all brands of fat dissolving products. You will be shown how to effectively inject into the subcutaneous layers and produce ultimate results for your clients. Students must have a minimum Level 3 beauty, Level 3 SPMU, Level 3 A&P with 6 months of needling experience in order to take this course and gain insurance. The course is intensive and you will be provided with all models on your training day. Classes are 1-1 or 2-1. upon completion of the course, you will be required to produce case studies, which will be done in your own time and count towards your CPD points.





**COST: £799**

**AWARDING BODY:**



**CPD POINTS: 8**

**LOCATION: LETCHWORTH**

## **COURSE COVERS:**

- Health and Safety inc use of correct PPE
- Complications and emergencies
- Anaphylaxis
- Anatomy and Physiology of the body
- Correct use and placement of PDO threads including COGS, Screws, and Mono threads
- Safe handling of sharps/ needle stick injury
- Face and body administration
- Dissolving threads
- Consultation and medical history forms
- Insurance

This Course covers all models of PDO threads. You will be shown how to insert them correctly and at the correct depth to avoid any complications or the need to have them dissolved. Create the well-known mini facelift with COGS/4D/6D etc. How to create a brow lift using Screw Cogs, and boost collagen in areas of the face and body as well as tightening areas using the Mono's. The course is intensive and you will be provided with all models on your training day. Classes are 1-1 or 2-1. upon completion of the course, you will be required to produce case studies, which will be done in your own time and count towards your CPD points. Students must hold Advanced Dermal Fillers Qualification before they can attend this course.



# B12 Injections

**COST: £99**

**AWARDING BODY:**



**CPD POINTS: 6**

**LOCATION: LETCHWORTH**

## **COURSE COVERS:**

- Health and Safety inc use of correct PPE
- Complications and emergencies
- Anaphylaxis
- Anatomy and Physiology of the body
- Safe handling of sharps/ needle stick injury
- Intramuscular injection
- Prescriber oversight
- Laws around POM
- Consultation and medical history forms
- Insurance

This course covers the use of B12 and how to inject it correctly. Learn the benefits of this simple treatment and how to obtain products for your clients using prescribing services. Students must have a minimum Level 3 beauty, Level 3 SPMU, Level 3 A&P with 6 months of needling experience in order to take this course and gain insurance. The course is intensive and you will be provided with all models on your training day. Classes are 1-1 or 2-1. upon completion of the course, you will be required to produce case studies, which will be done in your own time and count towards your CPD points.



**COST: £675**

**AWARDING BODY:**



**CPD POINTS: 12**

**LOCATION: LETCHWORTH**

**COST: £1699**

**AWARDING BODY:**



**CPD POINTS: TBC**

**LOCATION: LETCHWORTH**



# Level 4 Laser IPL

## COURSE COVERS:

The VTCT Level 4 Certificate in Laser and Intense Pulsed Light (IPL) Treatments is an advanced qualification that has been specifically designed for beauty therapists.

This qualification is based on beauty therapy National Occupational Standards (NOS). This qualification is approved and supported by the Hairdressing and Beauty Industry Authority (HABIA), the standard setting body for hair, beauty, nails, and spa qualifications.

Entry onto this qualification can be via previous attainment of a Level 3 qualification in a relevant discipline prior to undertaking this qualification. Your center will have ensured that you have the required knowledge, understanding, and skills to enroll and successfully achieve this qualification.

This qualification is the only Level 4 qualification offered by VTCT in Laser and Intense Pulsed Light (IPL) Treatments. The VTCT Level 4 Certificate in Laser and Intense Pulsed Light (IPL) Treatments is a vocationally related qualification and is focused on reducing hair growth and photo rejuvenation of the skin using intense pulse light and laser treatments. This qualification requires you to develop skills to carry out IPL and laser treatments. This qualification allows you to gather evidence in a realistic working environment or real working environment without the need for fee paying clients.





# BioFiller

**COST: £799**

**AWARDING BODY:**



**CPD POINTS: 8**

**LOCATION: LETCHWORTH**

## **COURSE COVERS:**

- Health and Safety inc use of correct PPE
- Complications and emergencies
- Dissolving Biofiller
- Anaphylaxis
- Local and National Legislation
- Anatomy and Physiology of the face
- Safe Injecting/needle stick injury
- Phlebotomy
- How to make BioFiller
- cheeks
- Jaws
- Chin
- Nose
- Tear Trough
- Lips
- Nasolabial
- Marionette lines
- Breasts
- Bum/Dipped Hips
- Use of needle and cannular
- After Care
- Consultation and medical history forms
- Suppliers
- Insurance

This course is for anyone who has completed their Foundation and Advanced Dermal Fillers. Make a BioFiller using the clients on Plasma Rich Platelets extracted from their blood. The course is intensive and you will be provided with all models on your training day. Classes are 1-1 or 2-1. upon completion of the course, you will be required to produce case studies, which will be done in your own time and count towards your CPD points.





**COST: £299**

**AWARDING BODY:**



**CPD POINTS: 8**

**LOCATION: LETCHWORTH**

## **COURSE COVERS:**

- Health and Safety inc use of correct PPE
- Complications and emergencies
- Anaphylaxis
- Local and National Legislation
- Anatomy and Physiology of the face
- Safe Injecting/needle stick injury
- Phlebotomy
- How to make the PRP
- Injection techniques
- Covering face, body and hair
- PRP Benefits
- After Care
- Consultation and medical history forms
- Suppliers
- Insurance

This course is for anyone who has completed their Foundation and Advanced Dermal Fillers. Make a BioFiller using the clients on Plasma Rich Platelets extracted from their blood. The course is intensive and you will be provided with all models on your training day. Classes are 1-1 or 2-1. upon completion of the course, you will be required to produce case studies, which will be done in your own time and count towards your CPD points.



# Plasma Pen

**COST: £399**

**AWARDING BODY:**



**CPD POINTS: 8**

**LOCATION: LETCHWORTH**

## **COURSE COVERS:**

- Health and Safety inc use of correct PPE
- Complications and emergencies
- Anaphylaxis
- Local and National Legislation
- Anatomy and Physiology of the face
- Plasma Pens and the uses inc:
- Skin tightening
- Skin tag removal
- Wart removal
- Treatment of fine lines and wrinkles
- Upper and Lower Eyelid lifting
- Mole removal
- After Care
- Consultation and medical history forms
- Suppliers
- Insurance

Plasma Pen uses ground-breaking technology to rejuvenate and tighten the skin with no downtime, no scarring and creates a fresher, plumper facial lift. The process makes skin firmer and tighter by inducing trauma that triggers skin cells called fibroblasts to produce more collagen. It's well-established that creating micro-wounds on the skin prompts cells to go into repair-mode. The course is intensive and you will be provided with all models on your training day. Classes are 1-1 or 2-1. upon completion of the course, you will be required to produce case studies, which will be done in your own time and count towards your CPD points.



**COST: £799**

**AWARDING BODY:**



**CPD POINTS: 8**

**LOCATION: LETCHWORTH**

## **COURSE COVERS:**

- Health and Safety inc use of correct PPE
- Complications and emergencies
- Anaphylaxis
- Local and National Legislation
- Anatomy and Physiology of the Buttock
- Safe Injecting using Cannular
- Correct placement
- Assessment of patient
- Use of Local Anaesthetic
- Different type of body fillers
- After Care
- Consultation and medical history forms
- Suppliers
- Insurance

To attend this course you must already hold Advanced Dermal Filler qualification inc cannular. You will learn how to assess the clients on an individual bases, provide a safe service that meets clients expectation around this non surgical BBL. The course is intensive and you will be provided with all models on your training day. Classes are 1-1 or 2-1. upon completion of the course, you will be required to produce case studies, which will be done in your own time and count towards your CPD points.



**COST: £1999**

**AWARDING BODY:**

**FOCUSAWARD'S**

**CPD POINTS: TBC**

**LOCATION: LETCHWORTH/  
HITCHIN**



# Level 2 Hairdressing

## **COURSE COVERS:**

This qualification covers all the core skills you will need to progress to further learning and training or to enter the world of work within the hairdressing industry. You will study the following mandatory content:

- Principles of hairdressing and barbering services
- Shampoo, condition and treat the hair and scalp
- Style, set, and dress hair
- Cut hair using basic techniques
- Colour and lighten hair

Your centers will providers work with local employers who will contribute to the knowledge and delivery of training. The different ways in which centers could support your learning, by working with both local and national hairdressing businesses, including

- structured work experience or work placements within their business
- your attendance at classes or lectures given by industry experts
- employer's input into projects and exercises
- employers who act as 'expert witnesses' to contribute to the assessment of your work.





**COST: £3499**

**AWARDING BODY:**

**FOCUSAWARD'S**

**CPD POINTS: TBC**

**LOCATION: LETCHWORTH/  
HITCHIN**



# Level 3 Hairdressing

## **COURSE COVERS:**

This qualification covers all the core skills you will need to progress to the advanced techniques used in hairdressing. The Level 3 Advanced Technical Diploma in Hairdressing (540) covers a very wide range of skills and knowledge required for working in the hairdressing industry.

These are compulsory areas:

- Cut hair using a combination of techniques
- Creatively colour and lighten hair
- Hairdressing consultation services
- Creatively style and dress hair
- Hair colour correction services

Additional units can be added on such as straightening treatments and hair extensions.

Learners must complete Level 2 in hairdressing to access this course.



**COST: £1995**

**AWARDING BODY:**



**CPD POINTS: 17**

**LOCATION: LETCHWORTH**



# Level 5 In Aesthetics Practice

## **COURSE COVERS:**

The rationale of the programme is to provide a career path for learners who wish to develop their aesthetic practice capabilities within the health and aesthetic sector. The expected outcome of the Certificate, which is the achievement of a recognised UK qualification, is for learners to develop the skills required by organisations and the aesthetic industry globally.

This qualification will prepare learners for employment and support a range of roles in the workplace. This qualification provides a specialist work-related programme of study that provides breadth and depth of knowledge and understanding, along with practical skills required in the aesthetics sector. This qualification will help to prepare professional staff and managers of the future in the aesthetics sector. This qualification provides a generic core of mandatory units that apply in all aesthetics contexts.

### **Units**

- Legal and Regulatory Requirements in Aesthetic Practice
- Professional Standards within Aesthetic Practice
- Working Collaboratively with Healthcare Professionals
- Anatomy, Physiology, and Morphology of the Ageing Face
- Skin Micro-needling and Chemical Peels

### **Entry Requirements**

- A minimum of a Level 4 qualification in a related sector or;
- A minimum of 3 years work experience which demonstrates current and relevant industry knowledge.
- Current and valid Basic Life Support (BLS) and anaphylaxis management training



**COST: £2599**

**AWARDING BODY:**



**CPD POINTS: 30**

**LOCATION: LETCHWORTH**



# Level 7 In Aesthetics Practice

## **COURSE COVERS:**

The rationale of the programme is to provide a career path for learners who wish to develop their aesthetic practice capabilities within the health and aesthetic sector. The expected outcome of the Certificate, which is the achievement of a recognised UK qualification, is for learners to develop the skills required by organisations and the aesthetic industry globally.

This qualification will prepare learners for employment and support a range of roles in the workplace. This qualification provides a specialist work-related programme of study that provides breadth and depth of knowledge and understanding, along with practical skills required in the aesthetics sector. This qualification will help to prepare professional staff and managers of the future in the aesthetics sector. This qualification provides a generic core of mandatory units that apply in all aesthetics contexts.

### **Units**

- Facial Aesthetics Consultation
- Psychology of Facial Aesthetics
- Botulinum Toxin Injections to the Face and Neck
- Temporary and Reversible Dermal Fillers to the Face and Neck
- Management of Complications and Medical Emergencies

### **Entry Requirements**

- A Level 5 Certificate in Aesthetic Practice
- Degree or equivalent
- Current and valid Basic Life Support (BLS) and anaphylaxis management training

